

I also have taught many hundreds of IT employees with **HSBC Bank** in Hong Kong, Shanghai, and Guangzhou. They all have needed the same skills as you desire to talk clearly and be understood by other countries around the world: India, Brazil, etc



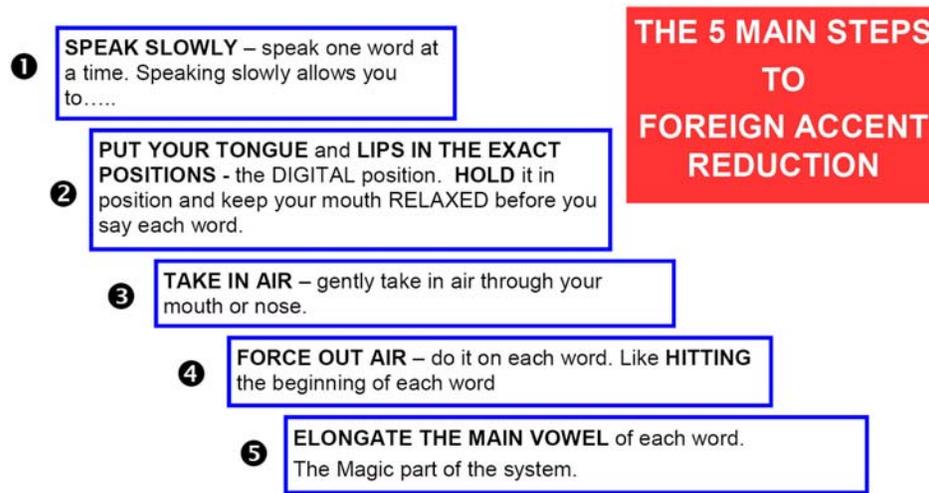
## Chapter One

So how does Accent Reduction happen?

The first thing you need to know is that in your own language you are usually a very **fast speaker**. When I do private classes with students I have them speak a few sentences in their own language and we both realize that he or she is speaking **very fast**. AT NO TIME do you ever speak slowly enough to use any TONGUE OR LIP POSITIONS in your language.

In his new way of saying words **YOU NEED TO SPEAK MUCH MORE SLOWLY** to give yourself time to get into **THE 10 ALPHABET POSITIONS**.

When Francis, from West Africa, came into my class, he began to lose his accent by doing 5 steps. Here they are:



You need to speak slowly enough to be able to put your tongue and lips into the 10 positions (as described in step #2). Here are these 10 positions. As you read through this book you will, hopefully, become very familiar with each one. As you can see we don't have a position for all 26 letters of the alphabet. All of them are **grouped** into only 10 positions. Easier to memorize **10 rather than 26!**

- **AEIOU** – mouth open 60 %
- **BMP** – lips gently together
- **CKG** – mouth open 20 % - a guttural beginning sound
- **DJNT** – tongue up at 45 degrees
- **FV** – top teeth on bottom lip
- **H** – mouth open 40 %
- **L** – tongue at 30 degrees, behind teeth, where teeth meet gum
- **RSY** – mouth open 10% RRR SSS YYY
- **W** – make a round kissing position
- **TH** – tongue under top teeth

**EVERY WORD REQUIRES THAT YOU PUT YOUR TONGUE AND LIPS IN AN EXACT POSITON BEFORE YOU SAY EVEN ONE WORD.**

**H** – All words that begin with **H** begin by **opening your mouth** to **40%**. Your tongue should just be resting lightly on the bottom of your mouth.

- don't use your mouth or lips to say any words beginning with H
- just stay totally relaxed and see if you can say each word without moving your mouth at all



**Remember that clumps are something that you will eventually feel very comfortable with. It's just like the rhythm of a dance or song. You will soon feel good about the way you clump words, I promise.**

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Sentence 5



My son Daniel



Daughter Rachel & Daniel



Rachel and I

**My daughter and son called me last night. It was such a beautiful chance to let them know how much I love and miss them. It's so difficult when they're so far away, but I've learned that, sometimes in life, things don't always turn out the way you want.**

Try it again with the clumps: **My daughter /and son/ called me/ last night. It was /such /a beautiful /chance /to let /them know /how much /I love /and miss/ them.**

**It's so/ difficult /when /they're so /far /away, /but /I've learned /that,/ sometimes/ in life,/ things /don't always/ turn out /the way /you want.**

**Notice that there are very few 3 word clumps in any of these sentences. It all works so much better when there are only 1 or 2 words at a time.**

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