

I also have taught many hundreds of IT employees with **HSBC Bank** in Hong Kong, Shanghai, and Guangzhou. They all have needed the same skills as you desire to talk clearly and be understood by other countries around the world: India, Brazil, etc



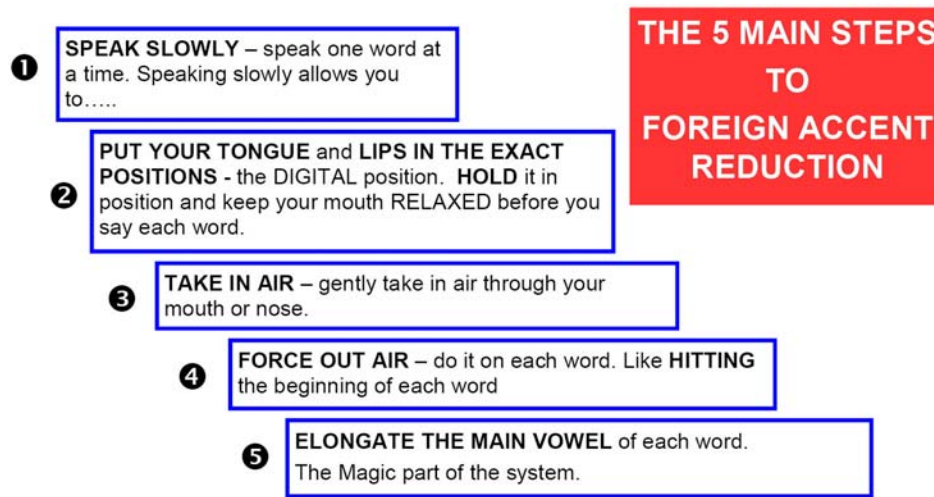
Chapter One

So how does Accent Reduction happen?

The first thing you need to know is that in your own language you are usually a very **fast speaker**. When I do private classes with students I have them speak a few sentences in their own language and we both realize that he or she is speaking **very fast**. AT NO TIME do you ever speak slowly enough to use any TONGUE OR LIP POSITIONS in your language.

In his new way of saying words **YOU NEED TO SPEAK MUCH MORE SLOWLY** to give yourself time to get into **THE 10 ALPHABET POSITIONS**.

When Francis, from West Africa, came into my class, he began to lose his accent by doing 5 steps. Here they are:



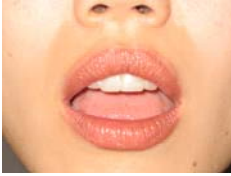
You need to speak slowly enough to be able to put your tongue and lips into the 10 positions (as described in step #2). Here are these 10 positions. As you read through this book you will, hopefully, become very familiar with each one. As you can see we don't have a position for all 26 letters of the alphabet. All of them are **grouped** into only 10 positions. Easier to memorize **10 rather than 26!**

- **AEIOU** – mouth open 60 %
- **BMP** – lips gently together
- **CKG** – mouth open 20 % - a guttural beginning sound
- **DJNT** – tongue up at 45 degrees
- **FV** – top teeth on bottom lip
- **H** – mouth open 40 %
- **L** – tongue at 30 degrees, behind teeth, where teeth meet gum
- **RSY** – mouth open 10% RRR SSS YYY
- **W** – make a round kissing position
- **TH** – tongue under top teeth

EVERY WORD REQUIRES THAT YOU PUT YOUR TONGUE AND LIPS IN AN EXACT POSITON BEFORE YOU SAY EVEN ONE WORD.

H – All words that begin with **H** begin by **opening your mouth** to **40%**. Your tongue should just be resting lightly on the bottom of your mouth.

- don't use your mouth or lips to say any words beginning with H
- just stay totally relaxed and see if you can say each word without moving your mouth at all



Remember that clumps are something that you will eventually feel very comfortable with. It's just like the rhythm of a dance or song. You will soon feel good about the way you clump words, I promise.

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Sentence 5



My son Daniel



Daughter Rachel & Daniel



Rachel and I

My daughter and son called me last night. It was such a beautiful chance to let them know how much I love and miss them. It's so difficult when they're so far away, but I've learned that, sometimes in life, things don't always turn out the way you want.

Try it again with the clumps: **My daughter /and son/ called me/ last night. It was /such /a beautiful /chance /to let /them know /how much /I love /and miss/ them.**

It's so/ difficult /when /they're so /far /away, /but /I've learned /that,/ sometimes/ in life,/ things /don't always/ turn out /the way /you want.

Notice that there are very few 3 word clumps in any of these sentences. It all works so much better when there are only 1 or 2 words at a time.
